



The Salvation Army Southern Territory

Social Programme Department
Territorial Headquarters
95-99 Railway Road Blackburn Vic 3130
PO Box 479 Blackburn Vic 3130
Telephone 03 8878 4500
Facsimile 03 8878 4838
www.salvationarmy.org.au/home

INFORMATION LETTER TO FACILITATORS

You are invited to participate in a national research project investigating the Salvation Army's Positive Lifestyle Programme. As you may know, the program has been used in Australia since the early nineties, resulting in positive feedback. However, we are hoping to go one step further in understanding the benefits of the program by investigating how it effects participants. This is a great opportunity to obtain empirical evidence documenting the beneficial effects of the program

As a facilitator of a program that is known to assist clients, we are asking you to become involved in the collection of this data from participants (clients). We are seeking over 200 participants to fill out two brief questionnaires during their involvement with the program. The data collected from these questionnaires will be invaluable information that benchmarks and contrasts aspects of participant wellbeing. Additionally, we are asking you to provide us with some of your own unique perspectives on the program and client outcomes.

Everything you need to know about the research project and collection of information - including instructions how to involve your clients - is attached and laid out in four simple steps.

This study has been approved by a Human Research Ethics Committee and endorsed by the Salvation Army Southern Territory. If you have any questions regarding the research or require further assistance implementing the research project with your clients, you can contact me directly on telephone number 0407 849 063 or email luke.daniel@iinet.net.au

If you have any concerns regarding this project, please contact the Territorial Social Programme Secretary, Major Robyn Fernihough, on telephone number (03) 8878 4783 at Territorial Headquarters 95 Railway Rd Blackburn VIC 3130.

Your supporting this research project is most appreciated.

Yours Sincerely,

Luke Daniel