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INFORMATION LETTER TO PARTICIPANTS

You are invited to participate in a national research project investigating the Salvation Army's Positive Lifestyle Programme. The program is relatively new in Australia and we are seeking to gain some sense of how well the program works by investigating how it affects participants.

We are seeking over 200 people to fill out two brief questionnaires during their involvement with the program. It is anticipated that the questionnaires will take you approximately ten to fifteen minutes to complete and there are no right or wrong answers to the questions that you will be asked.

Participation in this research project is voluntary. If you decide to agree to take part in the study, you are free to withdraw your consent and discontinue your participation in this study at any time without giving a reason. Confidentiality will be maintained throughout the study. All participants will be given a code and names will not be retained with the data. Individual participants will not be able to be identified in any report of the study, as only aggregated data will be reported. We plan to present the findings of this project to the Salvation Army and at either a conference or in a scientific journal. It is emphasized that this will be in a form that does not allow the identification of any individual participant.

This study is being conducted by Luke Daniel and has been approved by a Human Research Ethics Committee and endorsed by the Salvation Army Southern Territory Headquarters.

If you are willing to participate, please sign the attached informed consent form. You should sign both copies of the consent form and retain one copy for your records and return the other copy to your facilitator to lodge with the researcher.

Your support for the research project will be most appreciated.

Yours Sincerely,

Luke Daniel