

SHOPPING LIST

LONG LIFE		LONG LIFE				FRUIT & VEGIES	
WEETBIX	\$3-	TIN OF SPAGHETTI	\$1-	FRENCH ONION SOUP X2	\$1-	POTATOES X 6	\$2-
CORNFLAKES	\$2-	TIN OF BAKED BEANS	\$1-	PEPPER	\$1-	CARROTS	\$1-
PORRIDGE	\$3	CRUSHED TOMATOES	\$1-	SALT	\$2-	BROCOLLI	\$2-
TEA BAGS	\$2	GRAVY	\$1-	FLOUR SR	\$2-	CAULIFLOWER	\$3-
COFFEE	\$2-	CHEESE SAUCE	\$1-	FLOUR PLAIN	\$2-	ONION X 2	\$1-
SUGAR	\$1-	TUNA BAKE SAUCE	\$4-	FREEZER / FRIDGE ITEMS		PUMPKIN	\$1-
MILO	\$3-	TUNA	\$2-	SAUSAGES	\$5	FRUIT X3PIECES	\$1-
NESQUIK	\$3-	SARDINES	\$1-	MINCE 500GM	\$4-	TOMATO'S X3	\$1-
DEB MASH	\$2-	PASTA SAUCE	\$2-	PIZZA	\$6-	LETTUCE	\$2
CHEESE	\$3-	CANNED VEGIES	\$2-	SPINACH	\$2-	CUCUMBER	\$1-
JAM	\$3-	TOMATO SAUCE	\$1-				
		RICE CREAM	\$2-	BURGERS (20)	\$4-	TOILETRIES	
BISCUITS – SWEET	\$2-	SOUP – CONTINENTAL	\$2-	CHICKEN	\$5-	NAPPIES	\$7
BISCUITS – SALADA	\$3-	SOUP – OTHER	\$1-	BEANS	\$2-	WASHING POWDER	\$2-
BISCUITS –SHAPES	\$3-	CANNED FRUIT	\$3-	PEAS	\$2-	TOILET PAPER ROLLS X2	\$2-
CAKE MIX	\$1-	WATER X 2	\$1-	MIXED VEGIES	\$2-	DEODORANT	\$3-
MACARONI PASTA	\$1-	LONG LIFE MILK 1ltr	\$1-	FISH FINGERS	\$3-	SOAP	\$1-
SPIRAL PASTA	\$1-	PUDDING	\$1	SAUSAGE ROLLS	\$3-	SHAMPOO & CONDITIONER	\$4-
SPAGHETTI PASTA	\$1-	JELLY	\$1	PARTY PIES	\$5-	DISHWASHING LIQUID	\$2-
COUS COUS	\$2-	SUNNY BOYS X3	\$1-	CHIPS	\$3-	TAMPONS / PADS	\$5
RICE	\$2-	MUESLI BARS BOX	\$4-	MARGARINE	\$2-	TOOTH PASTE	\$2-
CUPS OF NOODLE - FLAVOURED	\$2-	TINNED MEALS(TOM PIPER)	\$3	BREAD	\$1-	TOOTH BRUSH	\$1
2 MINUTE NOODLEX4	\$2-	BEETROOT	\$1-	FRESH MILK 2ltr	\$2-	TISSUES	\$1-
MAYONAISE	\$2-	FRENCH SALAD DRESSING	\$2-	EGGS (6)	\$2-		