



Using the Problem Solving Cycle, complete the table below.

Identify the Problem	Explore the Problem	Set Goals	Look at Alternatives	Select a Possible Solution	Implement a Possible Solution	Evaluate
Name the problems	<ul style="list-style-type: none"> • How is this problem affecting me? • How is it affecting others? • Who else experiences this problem? • What do they do about it? <p>Strategy / intervention to be used</p>	What is it that they want to achieve?	Look for possible solutions	Select the most relevant which are realistic and manageable	When and how they will do it, whether they talk with others. What rewards will they give themselves when they have done it	<p>Has the proposed course of action produced results?</p> <ul style="list-style-type: none"> • How effective was that solution? • Did it achieve what I wanted? • What consequences did it have on my situation?